I consider my class participation to be strong. I believe that I volunteer frequently and add interesting points to the class discussion. I do not see any blockers which prevent me from participating more.

In general, I do not shun talking in public. I participated in theater in middle school, which gave me practice in improvising and talking in front of a large audience. In addition, I produced and often hosted a cable TV show in high school. However, there are still areas where I can improve. My explanations are often long winded, as I try reiterating stuff over and over slightly different each way. I should think about how I want to phrase something before speaking. I often do when I know I only have a short chance to talk, for example to ask a question after a big speech. However, I do get nervous in these situations and I tend forget exactly what I was going to say. I also don’t want to sound nervous. I have found that it is much easier after the first time I have done it, or even after I have thought about it and prepared a plan for how I would approach the situation next time I am in it.

In addition, in other situations, I need to be careful with what I am saying, so that it reflects what that party is supposed to hear, as opposed to everything I know. I need to be careful to not let sensitive information slip.

In addition, Prof. Heagney has identified that I need to target my audience better, especially if my audience is a different personality type than I am. Personally, I identified my self as ENTJ, so I need to work better with people who communicate more on a feeling-level.